

WILKES BARRE AREA WOLFPACK

FALL SPORTS MANDATORY PRACTICES SCHEDULED TIMES AND ATHLETE / PARENT REMINDERS

BEGINNING AUGUST 16TH

FALL SPORTS PARTICIPATION REMINDERS:

- **STUDENT ATHLETES MUST HAVE A COMPLETED PIAA PHYSICAL PACKET SIGNED BY A MEDICAL DOCTOR TO PRACTICE AND COMPETE IN INTERSCHOLASTIC COMPETITIONS.**
- **STUDENT ATHLETES MUST HAVE THE RULES AND REGULATIONS OF THEIR RESPECTIVE FALL SPORT SIGNED (BY BOTH PARENT AND STUDENT) AND RETURNED TO THE HEAD COACH PRIOR TO PRACTICE AND COMPETITION.**
- **PARENTS MUST UTILIZE THE PRE-SCREEN QUESTIONNAIRE PRIOR TO THE ATHLETES TRANSPORTATION TO PRACTICE.**
- **STUDENT ATHLETES MUST WEAR A MASK UPON ENTRY AND EXITING PRACTICE AS WELL AS WHILE RIDING SCHOOL DISTRICT TRANSPORTATION.**
- **ATTENDANCE AT PRACTICE BEGINNING MONDAY, AUGUST 17TH IS MANDATORY. MAINTAIN AN OPEN LINE OF COMMUNICATION WITH THE HEAD COACH THROUGHOUT THE SEASON.**
- **ALL STUDENT ATHLETES MUST FOLLOW (IF REQUIRED) THE PLANNED SPORTS TRANSPORTATION SCHEDULE AS DESCRIBED BY THE HEAD COACH AS WELL AS LISTED ON THE SCHOOL DISTRICT WEBSITE.**
- **BE ALERT FOR CHANGES IN PRACTICE DUE TO WEATHER.**
- **REPORT ALL INJURIES TO YOUR HEAD COACH AND ATHLETIC TRAINER PRIOR TO LEAVING PRACTICE.**
- **MAINTAIN A HEALTHY DIET AND HYDRATE PRIOR TO AND AFTER PRACTICE.**

VARSITY - PRACTICE TIMES AND LOCATIONS

FIELD HOCKEY	8:00am	Guthrei Field Dan Flood Elementary
FOOTBALL	8:00am	Solomon Plains Athletic Complex
GIRLS SOCCER	8:00am	Solomon-Plains Athletic Complex
BOYS SOCCER	8:00am	Solomon-Plains Athletic Complex
GIRLS VOLLEYBALL	3:45pm	Solomon-Plains Gymnasium
GOLF	3:45pm	Wilkes-Barre Municipal Golf Course
GIRLS TENNIS	3:45pm	Birchwood Tennis Courts – Plains
CROSS COUNTRY	3:45pm	Kirby Park (Contact Coach For Updated Information)

JUNIOR HIGH - PRACTICE TIMES AND LOCATIONS

JH FIELD HOCKEY	3:45pm	Guthrei Field Dan Flood Elementary
JH FOOTBALL	3:45pm	Solomon-Plains Athletic Complex
JH BOYS SOCCER	3:45pm	Gibby Field South Wilkes-Barre
JH GIRLS SOCCER	3:45pm	Gibby Field South Wilkes-Barre
JH CROSS COUNTRY	3:45pm	Solomon-Plains Athletic Complex